

# Home-Based Program

If after talking with your DHS worker you decide to take part in the PASDS program this will happen:

**The first meeting:** QEC staff will tell you more about the program.\*

**Initial Assessment of your Parenting:** to work out the areas where you are doing well and where you need more help and support.

**Parenting Skills Development:** meeting with the QEC staff to plan your goals and learning activities.\*

**Developing your Parent Skills:** your PASDS worker will support you to develop your parenting knowledge and skills.

**Final Assessment and Last Meeting:** to discuss how you have worked on the parenting program and what extra supports you might need.\*

**A Report** is written for D.H.S. after the final assessment.

\*Your DHS worker will come along to the meetings



# QEC

LEARNING.  
PARENTING.  
TOGETHER.

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HOME BASED  
PARENTING  
ASSESSMENT &  
SKILLS  
DEVELOPMENT  
SERVICE (PASDS)

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Queen Elizabeth Centre

## QEC – What is it?

QEC is a family centre that works with families who need help in parenting their children 0-3 years of age. QEC offer a range of programs including day stay, residential and home visiting.

The services work with families with a wide range of parenting issues such as sleep problems, children's behaviour, feeding difficulties or in any other area that parents need help.

### Parenting Assessment & Skills Development Services, 'PASDS'.

What does it mean?

This program provided by QEC is available to families working with the Department of Human Services, Child Protection Unit.

THE HOME-BASED PASDS program is a ten week program in Gippsland and twelve week program in all other regions.

Staff visit to work with you and your family in your home.

## The main parts of the home-based program are:

### Parenting Assessment:

The QEC PASDS coordinator and early childhood worker will work closely with you and your family to help identify the things you do best and those areas that you find more challenging.

### Parenting Skill Development:

QEC staff will work with you to help you develop your parenting skills and get to know the support available in your local area.

### Final assessment and planning for the future:

Staff will discuss with you what you have learnt and the progress you have made. It is also a time to work with you to plan the supports you might need in your local area.

### What does the Program offer?

- Parenting assessment
- Parenting skills development
- Education and information about parenting
- Community support
- PASDS Clients are able to access the other services provided by QEC if they require further assistance in their parenting.

