

CRADLE TO KINDER

C 2 K Program Aims

Cradle to Kinder will support young parents to strengthen and further develop their parenting capacity with a focus on children's health, safety and development.

Cradle to Kinder will support parents to develop their own self reliance and sustainability through access to education, vocational training and employment.

C 2 K Program Staff

A multidisciplinary team will provide case management and support to families to develop parenting capacity and enhance family wellbeing and connectedness.



Cradle to Kinder (Latrobe/Baw Baw) is provided by the following agencies:

Anglicare Victoria
anglicarevic.org.au



Queen Elizabeth Centre
qec.org.au



Quantum Support Services
quantum.org.au



The Cradle to Kinder program is supported by the Victorian Government Department of Human Services Child Protection



If a child is at immediate risk report to Child Protection:
1800 02 02 02 (after hours 13 12 78)

Referral & Enquiries Child FIRST
1800 339 100
childfirst.mw@anglicarevic.org.au
65 Church Street
PO Box 959, MORWELL 3840

2014 265



🌐 anglicarevic.org.au
☎ 03 5133 9998
✉ admin@anglicarevic.org.au
📺 youtube.com/anglicarevic
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📘 facebook.com/anglicarevic



CRADLE TO KINDER LATROBE/BAW BAW



Supporting Young Families
www.anglicarevic.org.au

WHAT IS CRADLE TO KINDER?

Cradle to Kinder is an intensive ante and postnatal support service which provides long term family and early parenting support for vulnerable young mothers, their parents and their children.

Cradle to Kinder is a service for young pregnant women under 25 years:

- We provide practical support to both you and your family so that your baby gets the best start in life and helps you make the transition to parenthood
- Professionals (G.P, MCHN) that you are working with can make the referral through the Child FIRST Referral Pathway.

HOW DOES CRADLE TO KINDER WORK?

Cradle to Kinder is a specialist support service for young parents. When you join Cradle to Kinder you will have a key worker. This person will link you to group activities and staff within the Cradle to Kinder Team.

Cradle to Kinder staff support families with case management, practical assistance, advocacy, assessing your families' needs and early parenting support.

Cradle to Kinder will work closely with universal early childhood services and specialised family services to achieve the best outcomes for your family.

The Cradle to Kinder service will work with young families from pregnancy until your child reached 4 years of age.

SAFE SLEEPING:

For Infant Safe Sleeping Information contact your local SIDS and Kids Organisation between 9am & 5pm, Monday to Friday on **1300 308 307**.

HOW TO SLEEP YOUR BABY SAFELY

1. Sleep your baby on their back from birth, not on their tummy or side.
2. Sleep your baby with their head and face uncovered.
3. Keep your baby smoke free before birth and after.
4. Provide your baby with a safe sleeping environment night and day.
5. Sleep your baby in their own safe sleeping place in the same room as an adult caregiver for the first 6 to 12 months.
6. Breastfeed your baby if you can.

WHERE TO GET HELP:

- Police, Fire, Ambulance: 000
- Your Doctor
- Latrobe City Council: 1300 367 700
- Baw Baw Shire Council: 5624 2411
- Lifeline: 13 11 14 (24hrs a day)
- Beyond Blue: 1300 224 636
- The Maternal & Child Health Line: 132 229 (24hrs a day, cost of a local call in Vic)
- Parent Line: 132 289
- NURSE-ON-CALL: 1300 606 024 (for expert health advice 24hrs a day)
- Victorian Aboriginal Health Service (VAHS): 9419 3000
- Latrobe City Council MCHN Centralised Booking Service - 5128 6128.
- Baw Baw Shire Council MCHN (03)5624 2540.
- Poison's Information Line-131126
- Latrobe Regional Hospital - (51) 738000
- West Gippsland Hospital on (03) 5623 0611

