

# MCH Nurse student Orientation

Learning@QEC Department

[learning@qec.org.au](mailto:learning@qec.org.au)



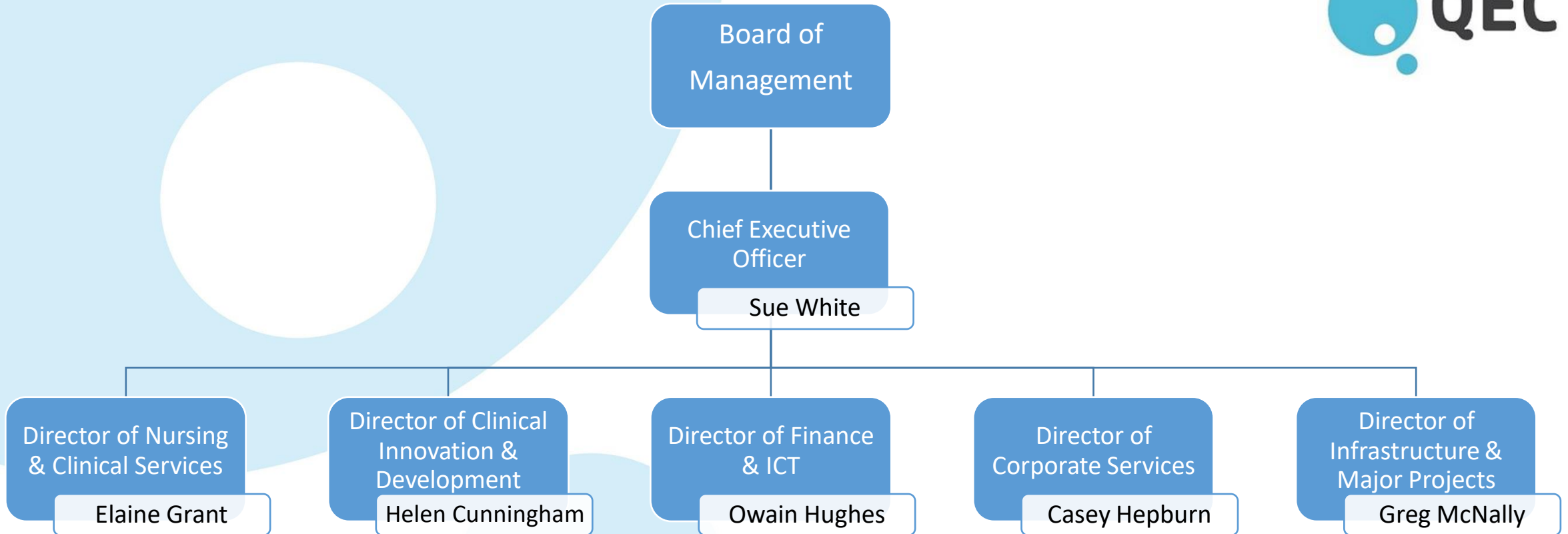
# Acknowledgement to Country

*We acknowledge all Aboriginal and Torres Strait Islander peoples as traditional owners of the lands on which we walk, live and raise our children.*

*We pay our respects to traditional owners past, present, future and any Aboriginal people present here today.*

*We acknowledge the importance of children being raised with connections to culture, community and family.*

# QEC Organisation Chart



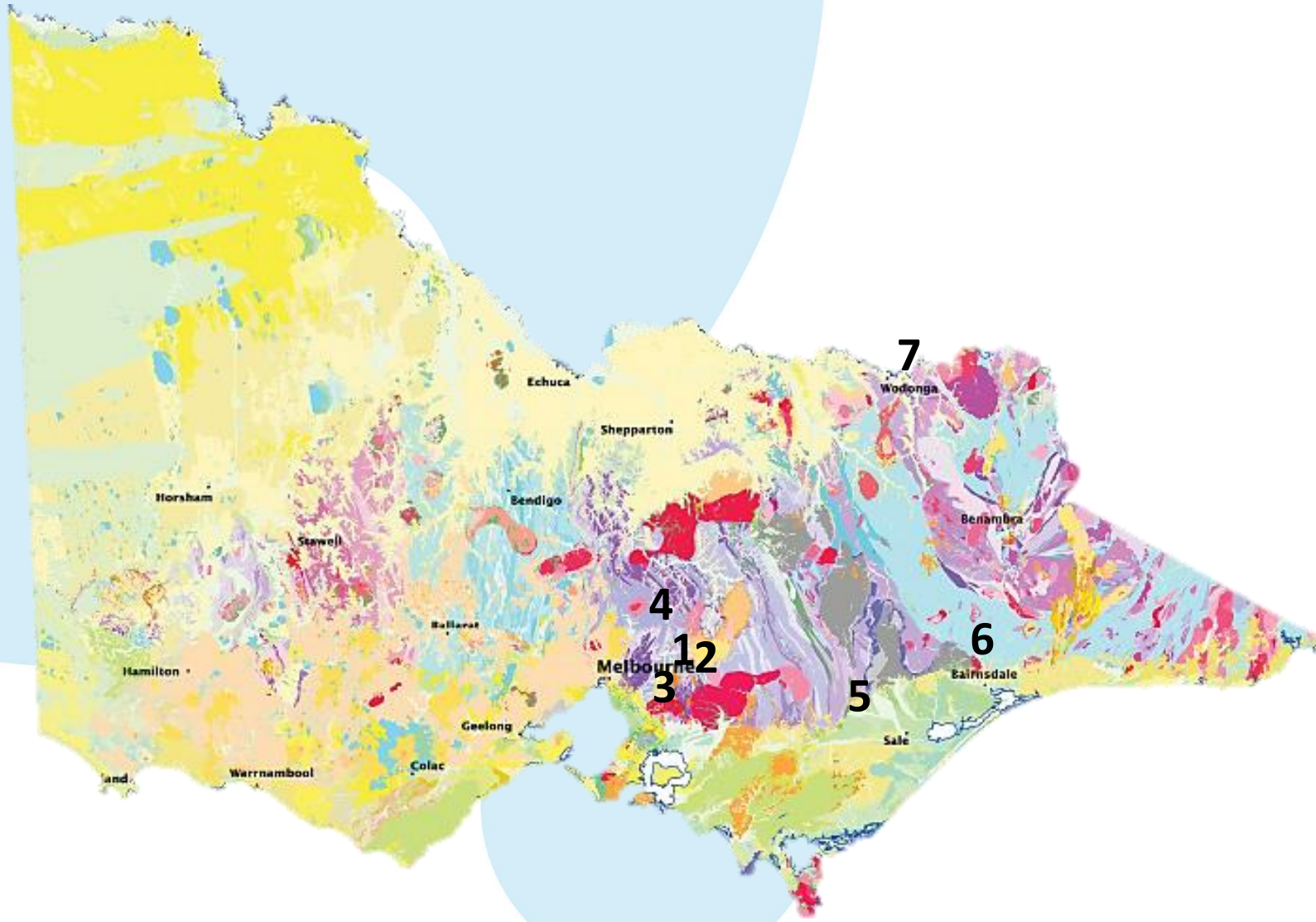
Around 150 clinical and non-clinical employees.

MCH nurses, RNs, RMs, social and welfare workers, mothercraft nurses, early childhood educators, endorsed enrolled nurses, psychologist, art Therapist, medical practitioner, administrators, information technology specialists, commercial & finance, people & culture, infrastructure, family experience team and volunteers.

# QEC Values



# QEC Sites



## 1.Noble Park

(Assessment and Intake, Residential, Telehealth, DayStay, PlaySteps & PASDS)

## 2.Dandenong

(Family Preservation and Reunification Response Program collated with VACCA)

## 3.Carrum Downs

(Home based PASDS, Stronger Families & Parenting Plus)

## 4.Preston

(Home based PASDS & Stronger Families)

## 5.Morwell

(Home based PASDS, FPRR, Stronger Families, Individual Child & Family Support (10,40,110 & 200 hours))

## 6.Bairnsdale

(Home based PASDS)

## 7.Wodonga

(Home based PASDS and Individual Child and Family Support programs)

# QEC Residential Programs - COVIDSafe

## Assessment & Intake

- Phone consultation
- Determine priority & allocation to program.
- Programs include: phone advice, Day Stay, Residential 5 days (onsite or via telehealth), home visiting & PlaySteps

## Day Stay

- 1 Day program
- Combination of onsite and Telehealth

## Residential

- 5 day program, Monday to Friday at Noble Park
- Face to Face and Telehealth options

## Residential PASDS

- 10 day program, Noble Park
- Referred by Child Protection

# QEC PlaySteps and Home Based Programs - COVIDSafe

## PlaySteps

- 8 week program
- Focused on enhancing parent-child relationship
- Via digital platform in first term 2021

## Parenting Plus & Sleep and Settling Program

- Home visiting program
- Early Intervention Program
- Home visiting and telehealth

## Home-Based PASDS

- Home based program 10 – 12 weeks
- Home visiting and telehealth
- Referred by Child Protection

# QEC Home based programs- COVIDSafe

## Stronger Families (Specialist Services)

- 12 month program (Carrum Downs, Preston & Morwell)
- Provide parenting education and support working within a care team
- Home visiting and telehealth

## Individual Child and Family Support (ICFS) 10hrs, 40hrs, 110hrs

- Morwell & Wodonga
- Families experiencing vulnerability
- Intensive home visiting support program
- Home visiting and telehealth

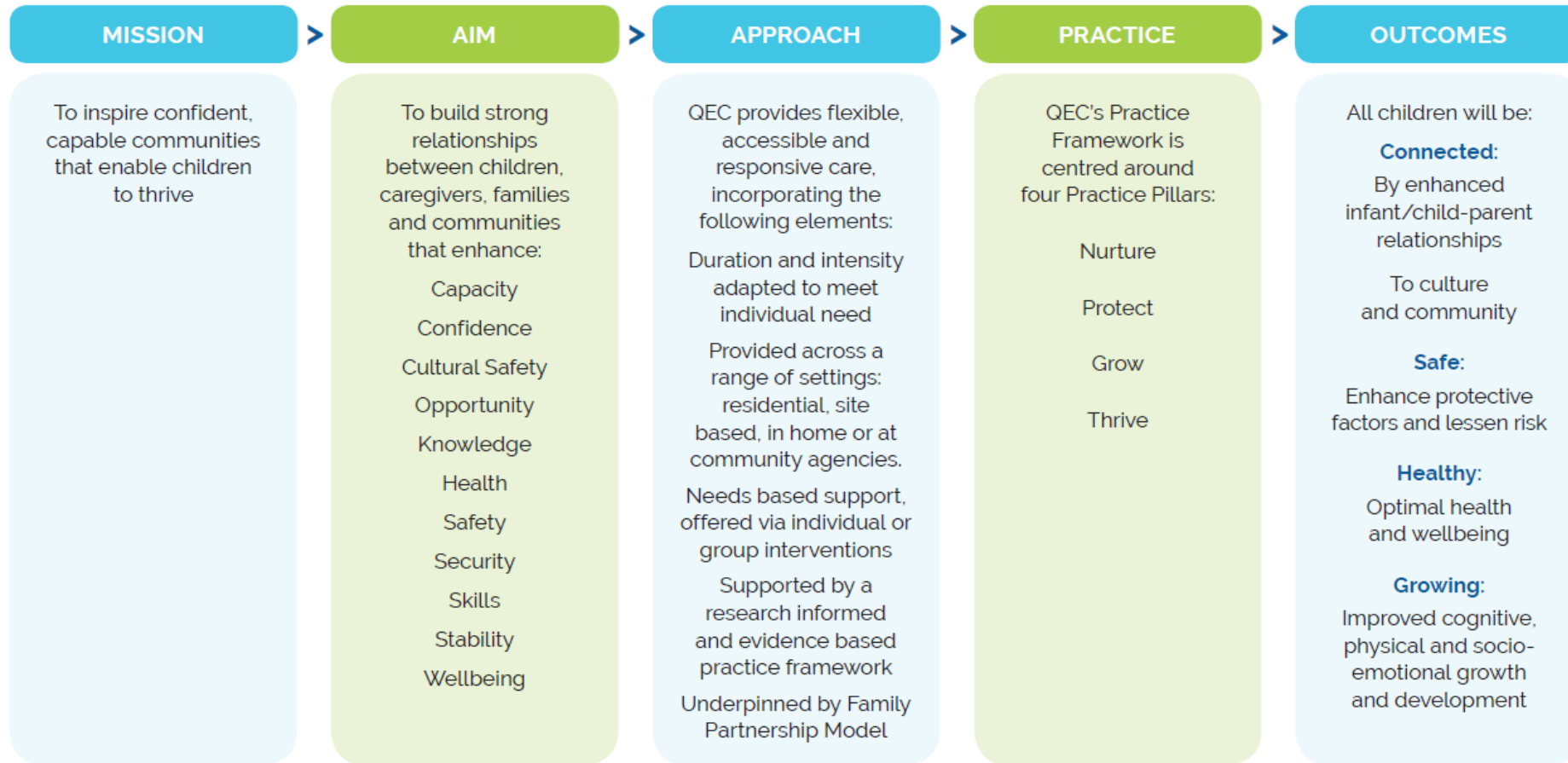
## Family Preservation and Reunification Response

- Intensive Case Management Program working with (Dandenong, Morwell)
- Families experiencing significant vulnerability
- Home visiting and telehealth



# QEC Model of Care

**VISION:** For children to get the best start in life



QEC has a skilled, multidisciplinary workforce who work in a child centred, strengths based partnership approach by building genuine and respectful partnerships with parents in order to work towards achieving improved outcomes for children and their families.

**VALUES:**

Respect

Teamwork

Integrity

Excellence

Resilience

# Practice Framework: Pillar 2 Protect

*all children will be safe*

## Skills & Knowledge

### Child Safety

- Australia Competition and Consumer Commission (ACCC): Keeping Baby Safe: A Guide to Infant and Nursery products
- Child Car Restraint Use
- Home Safety
- Orange Door, Child FIRST, Child Protection
- Pet Safety
- Injury Prevention
- Nursery products
- Risk and protective factors for child abuse and neglect
- Safe Sleeping
- Safer Care Victoria
- UN Convention on the Rights of the Child

### MARAM Family Violence

- Sensitive enquiry and safety planning
- Identification and Screening
- Foundational Practice
- Risk Assessment
- Information Sharing

### Legislation/Acts:

#### Child Wellbeing and Safety Act 2005

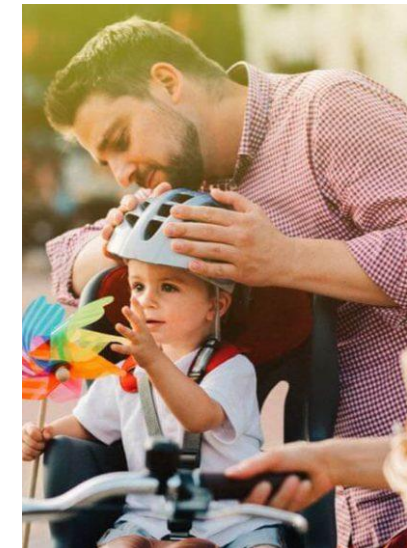
- Children, Youth and Families Act 2005
- Family Violence Protection Act 2008
- Health Records Act 2001
- Privacy and Data protection Act 2014
- Road Safety Act 1986
- Mandatory Reporting

### Connecting families to community

- Referral pathways/Linkages/Networks
- QEC Policy & Procedures

QEC's Clinical Practice Framework is informed by research, current and emerging evidence, best practice, legislation and policy and driven with an outcome focus.

Not for distribution



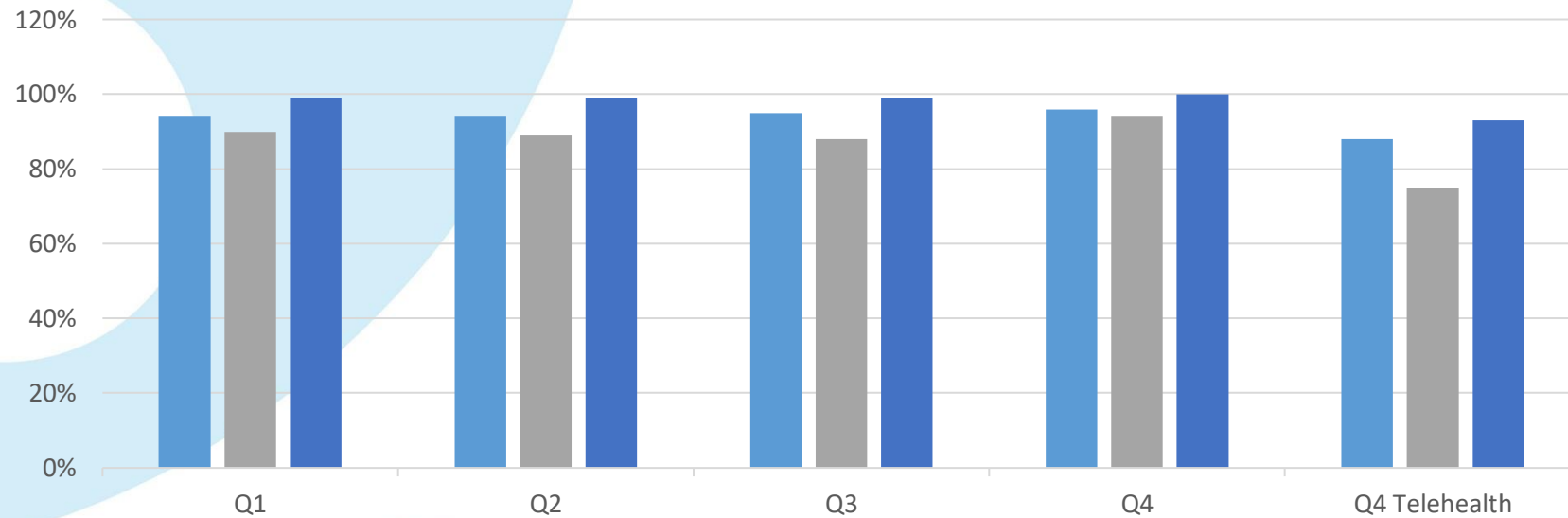
# Early Parenting Services

In 2020:

- 1,600 Assessment and Intake phone consultations
- 1,100 admissions to Residential programs
- 69% of referrals received were self referrals
- 32% of primary carers were born overseas
- 3.6% of primary carers are indigenous
- Family/primary carer presenting needs are:
  - Sleep & Settling
  - Bonding and attachment difficulties
  - Mental Health
  - Significant Parenting difficulties
  - Challenging Behaviours

# What our families say about their experience at QEC

**QEC Early Parenting Centre  
Consumer Feedback 2019-20**



- I feel more confident about parenting
- I achieved my goals
- I would recommend QEC to others

# Infection Prevention and Control

- QEC employees must follow:
  - *Standard Precautions*
    - Hand Hygiene
    - Use of personal protective equipment (PPE)
    - Routine environmental cleaning
    - Waste management
    - Cleaning and disposal of equipment
    - Influenza Vaccination
    - Pre employment immunisation requirements



- *Universal Precautions*
  - Assume that all blood and body substances from all clients are considered potentially infectious at all times, regardless of the perceived status of the individual

# QEC's COVIDSafe Plan

Prioritising the health and wellbeing of our staff and the families we care for.

- Do not come to work if unwell
- Strict hand hygiene
- Maintaining physical distancing
- One person (adult) per two to four square metres (Depending on COVID Risk status)
- Use of masks – as per public hospital requirements
- Cough etiquette and respiratory hygiene
- Increased environmental cleaning
- Continuing to implement a combination of telehealth and face to face service delivery
- Staying home and seeking testing if unwell
- Ongoing education and auditing.

# QEC Conduct and Positive Workplace Behaviours

- Equal Employment Opportunity
- Equity and Inclusion
- Prevention of Workplace Bullying and Harassment
- Prevention of Occupational Violence and Aggression

QEC expects all employees, client families and visitors to behave in a positive and friendly manner, adhering to the above procedures.

QEC has a zero tolerance approach to any form of bullying, harassment or aggression.



# General OH&S Awareness

- QEC employees must follow:
  - *OHSES Committee*
  - *Workplace Health and Safety Program and OHSES procedures*
  - *Incident Notification*
    - Report any incidents, risks or near misses (these are reported on Riskman)
    - Suggestions for improvement always welcome



# QEC Emergency Codes

<b>CODE RED</b> FIRE/SMOKE	<b>CODE ORANGE</b> EVACUATION
<b>CODE PURPLE</b> BOMB THREAT	<b>CODE GREY</b> UNARMED PERSONAL THREAT
<b>CODE BLACK</b> ARMED PERSONAL THREAT	<b>CODE YELLOW</b> INTERNAL EMERGENCY
<b>CODE BROWN</b> EXTERNAL EMERGENCY	<b>CODE BLUE</b> MEDICAL EMERGENCY

# If there are Signs of Smoke or Fire

## Standard Fire Procedure: RACE Principle

**Remove** - Anyone from immediate danger

**Alert** - Alert others in area

- Alert employee(s) or others of the incident
- Break the Manual Call Point (if alarm not sounding)
- Report to your Area Warden – follow their instructions

**Contain / Confine** - Close doors and windows

**Extinguish and/or Evacuate** - If safe to do so, extinguish fire and evacuate

# What you can expect from your placement

- Be provided with a student handbook – useful information to support your placement
- Feedback survey
- Buddying with an experienced preceptor (QEC clinician)
- Working within a dynamic learning environment
- Opportunities to engage with QEC's multi-disciplinary team
- Observation of Parenting Education
  - Facilitated small group classes (to align with COVID guidance)
  - Individual one-on-one with families
- Participate in Playroom led sessions – For example:
  - Toy making
  - Mindfulness
  - Art Therapy

# Getting ready for placement

Your University will provide you with this Checklist,

All pre-requisites must be completed at least one week before placement.

Please send certificates through to [learning@qec.org.au](mailto:learning@qec.org.au) at least one week prior to commencing placement.

**Please note:** Students MUST have provided QEC with confirmation of orientation completion and both training certificates a minimum of one week prior to placement date or placement will be cancelled. Training must have been completed within 12 months of placement date.

Prior to Placement	Required	Completed & sent to QEC
Student Placement Orientation Head to <a href="http://www.qec.org.au">www.qec.org.au</a> then scroll down to the bottom of the page where you will find MCH Student Orientation, click on this link and enter the password QEC	1 week prior Send email to <a href="mailto:learning@qec.org.au">learning@qec.org.au</a> with name and date of completion	<input type="checkbox"/>
COVID-19 Infection Control Training Head to <a href="https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training">https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training</a> )	1 week prior Send certificate to <a href="mailto:learning@qec.org.au">learning@qec.org.au</a>	<input type="checkbox"/>
The Basics of Infection Prevention and Control <a href="https://nhhi.southrock.com/cgi-bin-secure/Home.cgi?msecs=1572824371465">https://nhhi.southrock.com/cgi-bin-secure/Home.cgi?msecs=1572824371465</a> students who have not previously signed up to NHHI can do so for free via this link	1 week prior Send certificate to <a href="mailto:learning@qec.org.au">learning@qec.org.au</a>	<input type="checkbox"/>

On arrival
Please stay in your vehicle and only present at the front door at 8:00am on the first day of their placement.
A member of the Learning@QEC team will greet you outside the main doors at 8:00am
Must agree with the following: <ul style="list-style-type: none"> <li>• Be well with no signs and symptoms of any illness</li> <li>• Maintain physical distancing</li> <li>• Wear a mask provided by QEC</li> <li>• Complete visitors registrar</li> </ul>
If on residential placement: after the first shift you can access the building with another QEC staff member, complete all requirement noted in box above and present to the residential unit.
During Placement
Agree to implement QEC's Infection Prevention and Control Policy
Agree to implement QEC's Infection Prevention and Control-Managing Outbreaks Procedure
Agree to the following work hours

3 day Residential Placement Monday-Wednesday		3 day Residential Placement Monday-Wednesday	
Monday	8:00am - 4:00pm	Wednesday	2:00pm - 10:00pm
Tuesday	2:00pm - 10:00pm	Thursday	8:00am - 4:00pm
Wednesday	7:00am - 3:00pm	Friday	7:00am - 3:00pm
Day Stay Placement days and shift times			
Tuesday	8:00am - 4:00pm	Thursday	8:00am - 4:00pm

# Feedback - making your experience and others the best it can be



## STUDENT SURVEY

In order for QEC to obtain information regarding the student placement experience, we are asking for each student to take some time over the course of your placement to fill in this Student Survey.

Your responses will be treated as confidential and a de-identified summary of all student surveys will be made available to staff and the relevant Universities at the end of each calendar year.

QEC is committed to continuous improvement and your responses will help inform how we can make the student placement experience better in the future.

Please return the survey to Clinical and Organisational Development prior to leaving on your final placement day.

### Demographics

Name (optional)	
Education provider (university, TAFE etc.)	
Name of course	
Duration of placement	

QEC strive to provide a continually improving environment for families, staff, students and other stakeholders. In order to do this we need constructive feedback. We would really appreciate you filling out this survey (**in your welcome pack**) and giving it to Learning@QEC, your preceptor or reception at the end of your final placement day.

If you would prefer to complete the survey online please provide your email address to [learning@qec.org.au](mailto:learning@qec.org.au) and we will email you the link.



*The final slide!*

*On closing this slide please complete the acknowledgement confirming you have watched this presentation.*

**Thank you. We look forward to  
welcoming you at QEC.**



<b>Presentation History</b>		
	<b>Date</b>	<b>Summary of Updates/Changes</b>
<b>Presentation Created:</b>		
<b>Reviewed:</b>	20/12/2021	Added Presentation History Page
<b>Reviewed:</b>	29/04/2022	Covid update. Inclusion of MCHN Student Placement preparation checklist.