



# **Doughie Delight**

## **Playdough Recipe**

## INGREDIENTS

- 1 cup plain flour
- 1/2 cup salt
- 2 tablespoons of cream tarter
- 1 tablespoon of oil
- Food colouring
- 1 cup of boiling water



## INSTRUCTIONS

Add ingredients into a bowl and mix together. Let children help make playdough by pouring the ingredients, mixing and choosing the colour.

**Adults only when adding boiling water.**

## FUN FACT

Playdough helps to strengthen hand and finger muscles and can strengthen hand-eye coordination and concentration. It is a great activity to enjoy together with your child.